

## How I Harvest QUADRICIPITAL TENDON

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## Indications

- ACL Revision
- Knee dislocation ( pentade)

- JL Lerat- B Moyen  
RCO 2007

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## Case presentation

- Man 37 years old
- Football player (no professional)
- First ACL plasty( KJ ) 2005
- New trauma
- Lachman+, jerk +
- Medio-collateral ligt distension 0° & 20°



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## Graft harvesting

- 10cm from mid patella
- Medial incision



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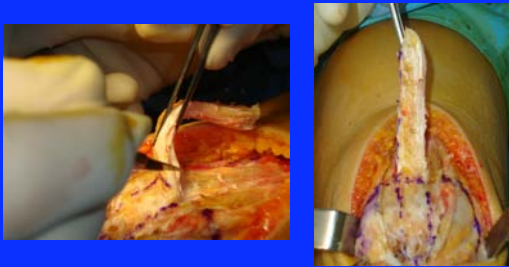
## Grafting

- Patella bone graft :  
30mm X 10mm
- Quad tendon :  
Length :10cm




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## Graft harvesting ( tendon)



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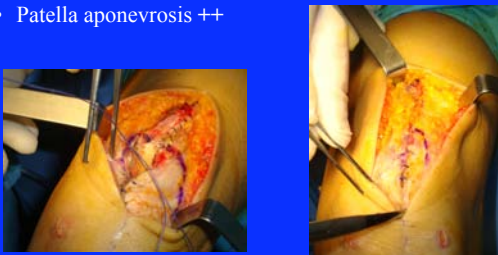
### Graft harvesting ( bone patella )



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### Donnor site closure

- Patella aponevrosis ++



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### Graft preparation (calibrate)




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### Femoral Bone Tunnel & Fixation



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### Tibial fixation



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### Quad Tendon Harvesting : VIDEO



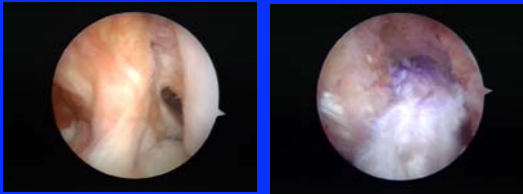
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### GRAFT Preparation :VIDEO



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### ACL Ligamentoplasty :



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### One month FU



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### WELCOME TO LILLE Dec 2012 French Arthroscopy Society



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