

TKA for fracture in elderly patient



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**4th Advanced Course on
Knee Surgery**

January 22nd – 27th 2012

Prosthesis for fracture

Garden IV



Distal humeral fractures



Courtesy of P Bonneville

Shoulder fractures



Frequency

Osteoporos Int (2009) 20:43–46
DOI 10.1007/s00198-008-0625-z

ORIGINAL ARTICLE

Declining incidence of low-trauma knee fractures in elderly women: nationwide statistics in Finland between 1970 and 2006

P. Kannus • S. Niemi • J. Parkkari • H. Sievänen •
M. Palvanen

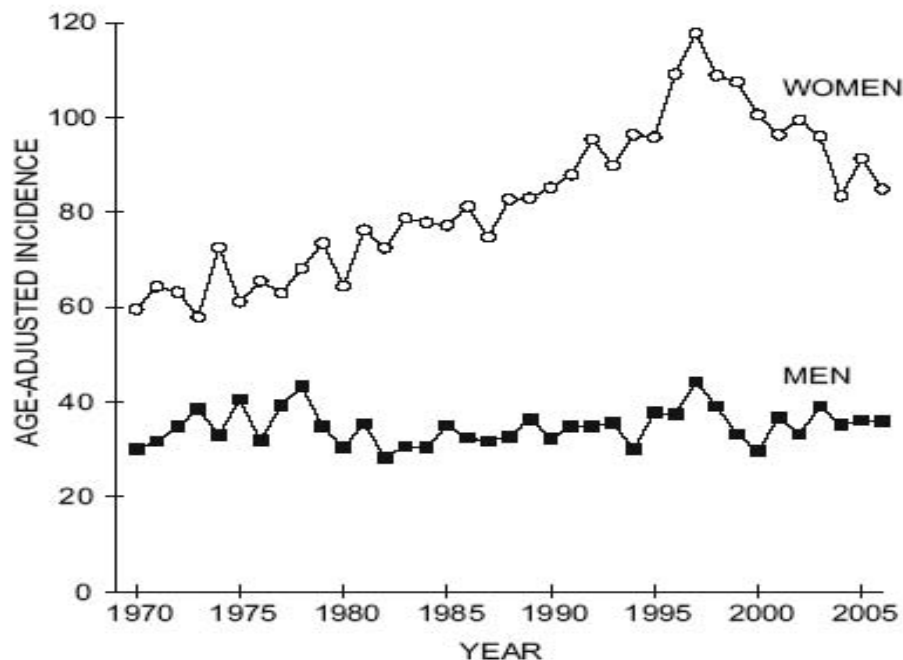
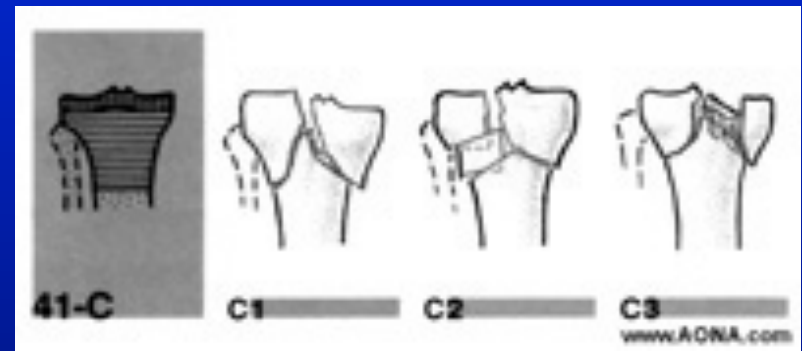
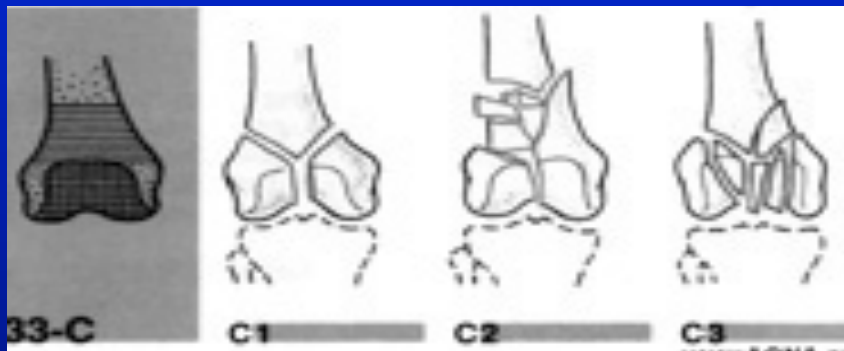
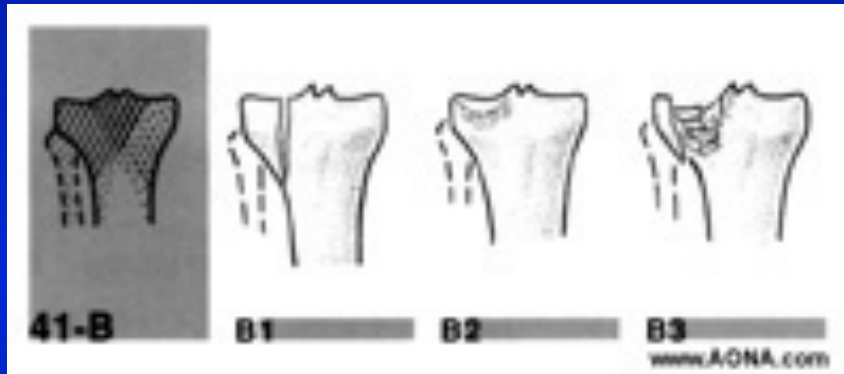


Fig. 1 Age-adjusted incidence (per 100,000 persons) of low-trauma knee fractures in Finland in women and men 60 years of age or older between 1970 and 2006

In France
1% of ER
admission

Types of fracture

- B and C



Problem = Paradox

- Internal fixation stability...
- Walk or died



Internal fixation

What do we have

	Locking plates	External Fixation	Retrograde nailing
Tibia	+++	+	-
Femur	+++	+	±

Internal fixation

- **Advantages**
 - Conservative treatment
 - of a bad quality bone
 -of an arthritic joint

Internal fixation

- **Drawbacks:** up to 72% of bad results
(Nourissat G et al.)
- Limited weight-bearing 45 days
- Imperfect reduction and fixation
- ORIF loosening
- Complication
- Function
- Complex rehabilitation
- **Post-traumatic arthritis**

ORIF



What can we expect after TKA for post-traumatic arthritis ?

Limited gain

Orthopaedics & Traumatology: Surgery & Research (2011) 97, 28–33



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ORIGINAL ARTICLE

Total knee replacement in post-traumatic arthritic knees with limitation of flexion

P. Massin^{a,*}, M. Bonnin^b, S. Paratte^c, R. Vargas^b, P. Piriou^d, G. Deschamps^e,
The French Hip Knee Society (SFHG) 56, rue Boissonade, 75014 Paris,
France

Total knee replacement following intra-articular malunion.

Paratte S, Boyer P, Piriou P, Argenson JN, Deschamps G, Massin P; SFHG (French Hip and Knee Society).

Orthop Traumatol Surg Res. 2011 Oct;97(6 Suppl):S118-23. Epub 2011 Aug 26.

PMID: 21872547 [PubMed - in process]

[Related citations](#)

TKA first

L. Rosen et E. Strauss

- 24 femorales F (type C A)
 - Age m= 76 years (68-85)
 - Known arthritis: 5
- Rotating hinge modular
 - Operative time m=3,3h
 - Transfusion = 2,5
- No complication



TKA first

Revue de chirurgie orthopédique
2006, 92, 242-247

© Masson, Paris, 2006

MÉMOIRE

Arthroplastie totale de genou pour fracture récente grave
de l'épiphyse tibiale proximale chez le sujet âgé

*Total knee arthroplasty for recent severe fracture of the proximal tibial epiphysis
in the elderly subject*

G. Nourissat *, E. Hoffman **, C. Hémon *, L. Rillardon **, P. Guigui **, A. Sautet *

* Service de Chirurgie Orthopédique, Hôpital Saint-Antoine, 184, rue du Faubourg-Saint-Antoine, 75571 Paris Cedex 12.

** Service de Chirurgie Orthopédique, Hôpital Beaujon, 100, boulevard du Général-Leclerc, 92118 Clichy Cedex.

- Complex epiphysal fractures
- Older than 75 years-old
- Walking before fracture

Goals and justification

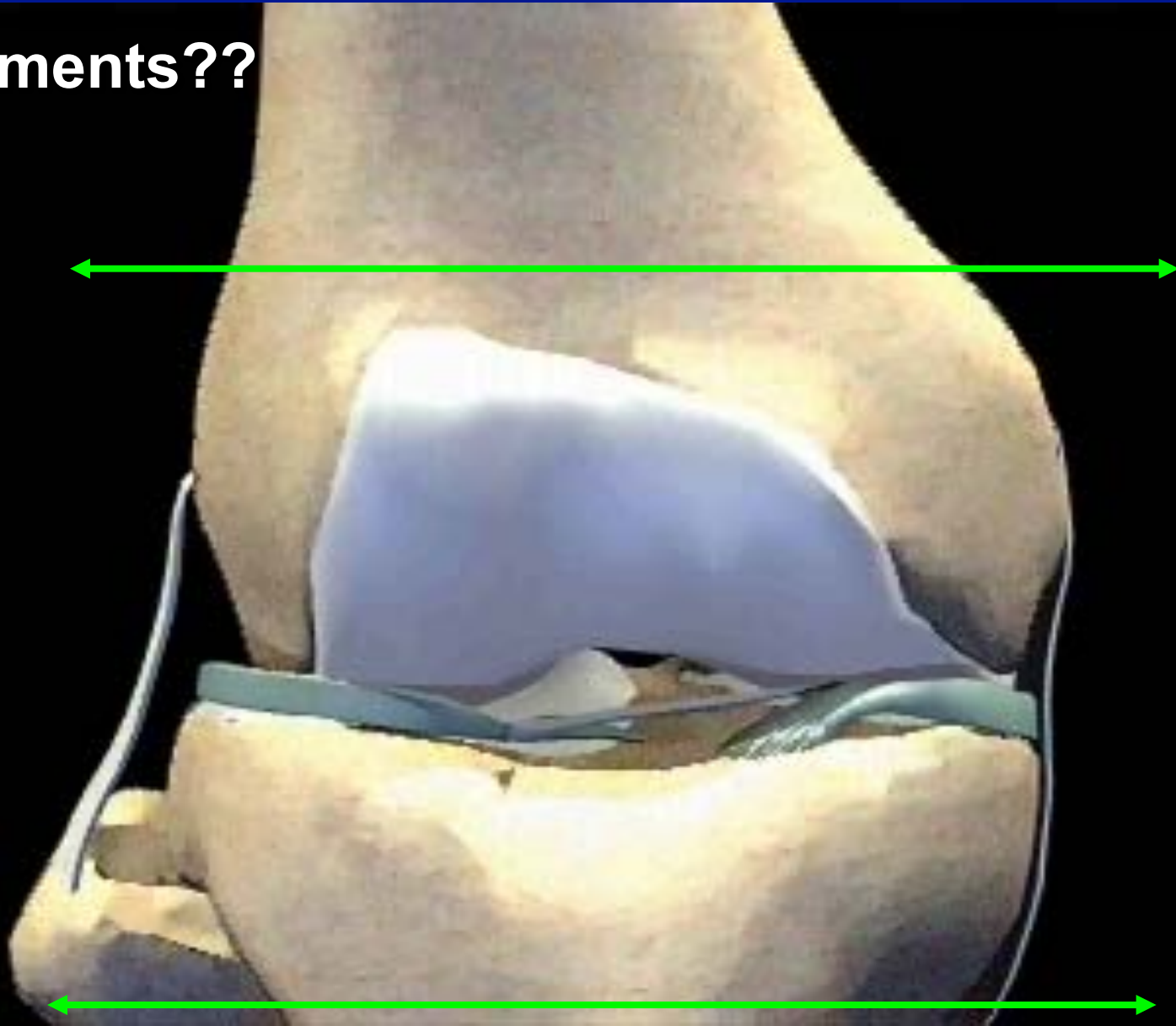
- Early full weight-bearing
- Limited prone complications
- Better function

Surgical technique

1. Implants choice and constrain
2. Approach
3. Height of the joint line
4. Femoral rotation
5. Bones cuts
6. Implant size
7. Bone loss filling
8. Complementary internal fixation

1. Implant choice

Ligaments??



1. Choix des implants

Can we preserve the collateral ligaments?

No=> Rotating hinge

Yes=> PS +/- reconstruction



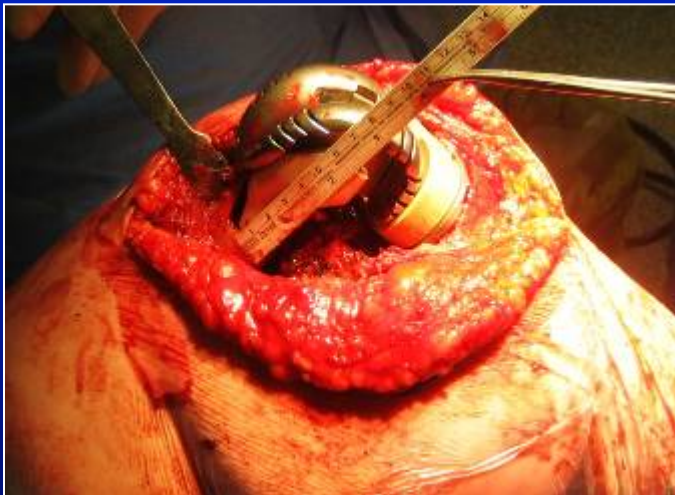
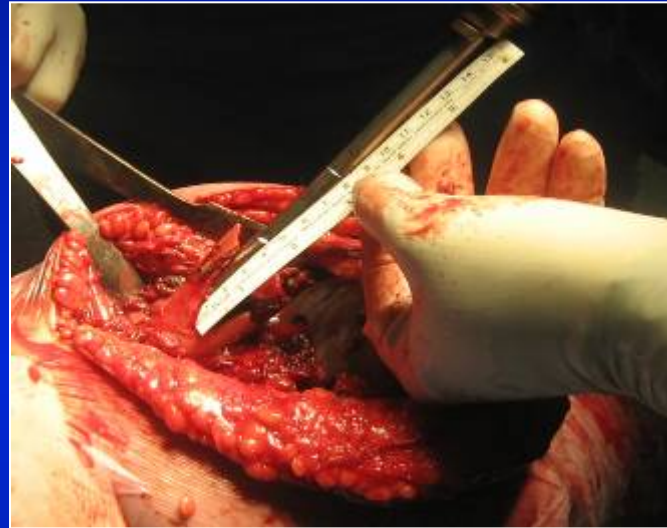
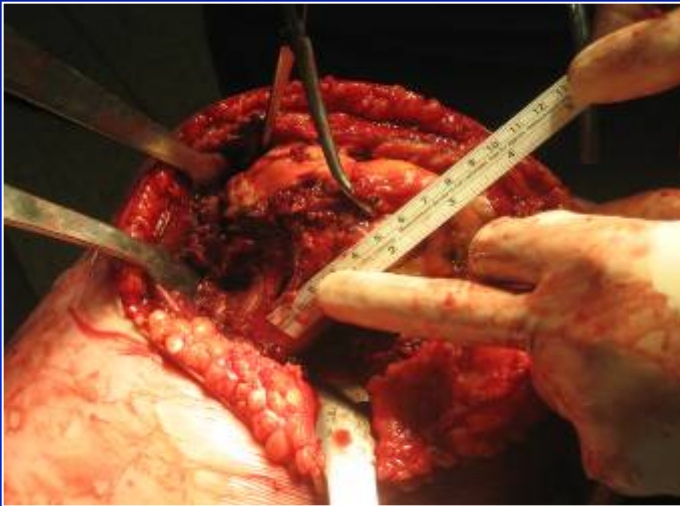
2. Approach

- Nothing special
 - Tourniquet or not
 - Approaches
 - Medial: para-patellar or subvastus
 - Lateral possible
 - ATT not required
- => Sometimes already done!



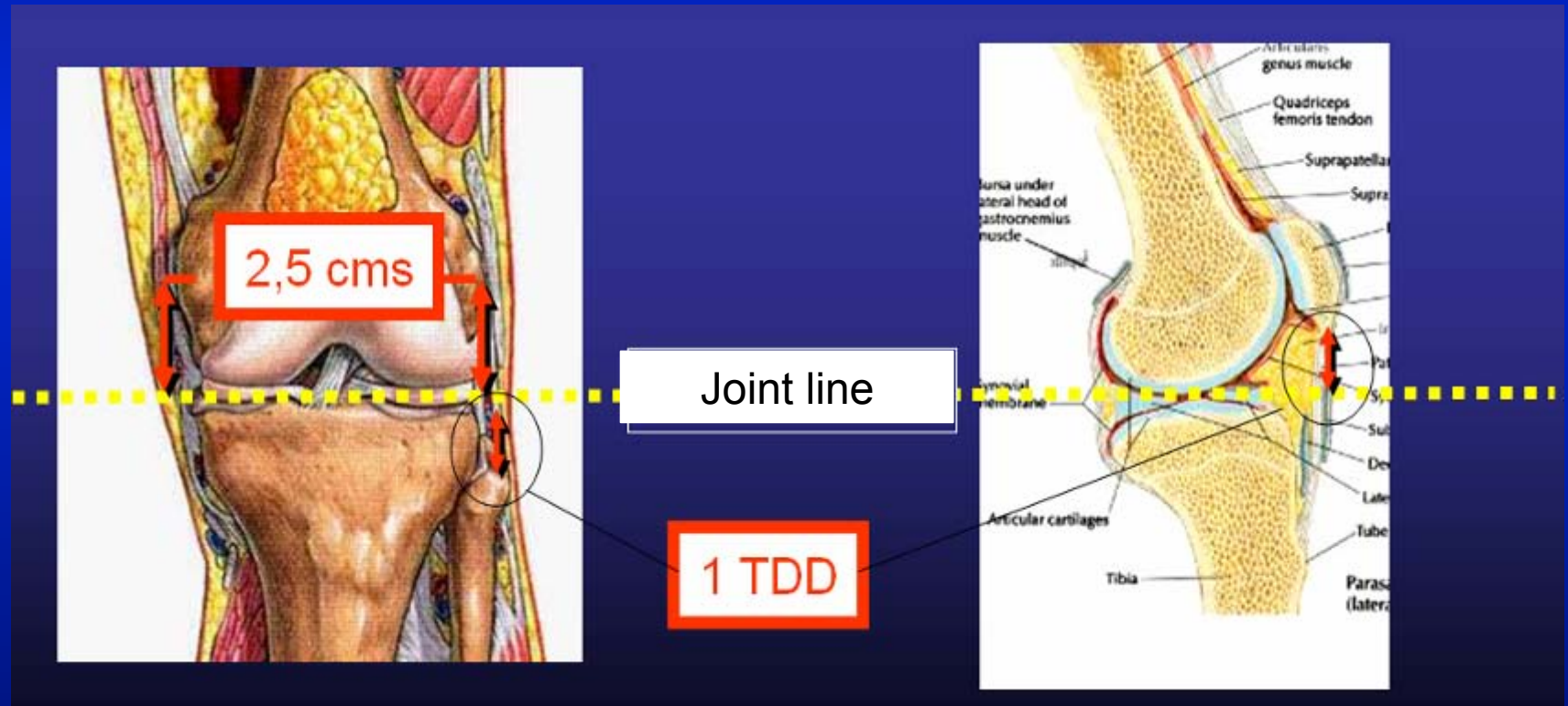
2. Hauteur de l'interligne

Principal=> temporary reduction



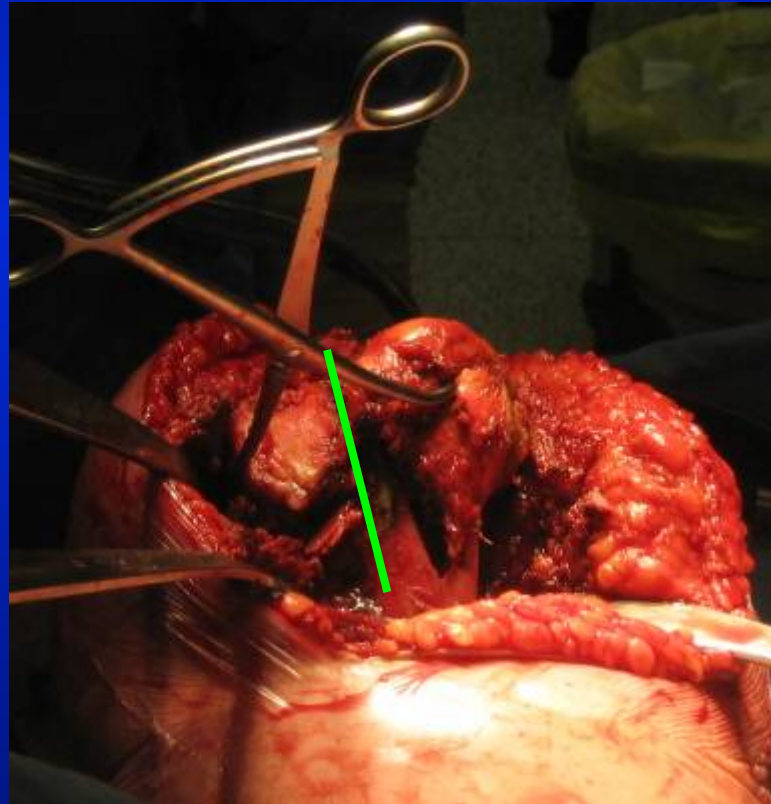
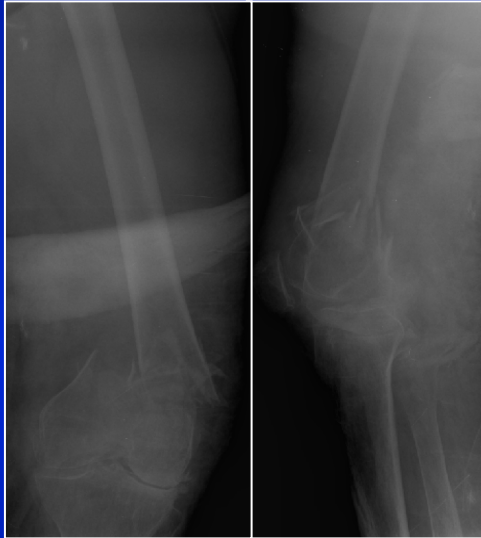
2. Height of the joint line

If no landmark => revision principals



2. Femoral Rotation

Principal=> temporary reduction



2. Bone cut

5. Coupes osseuses



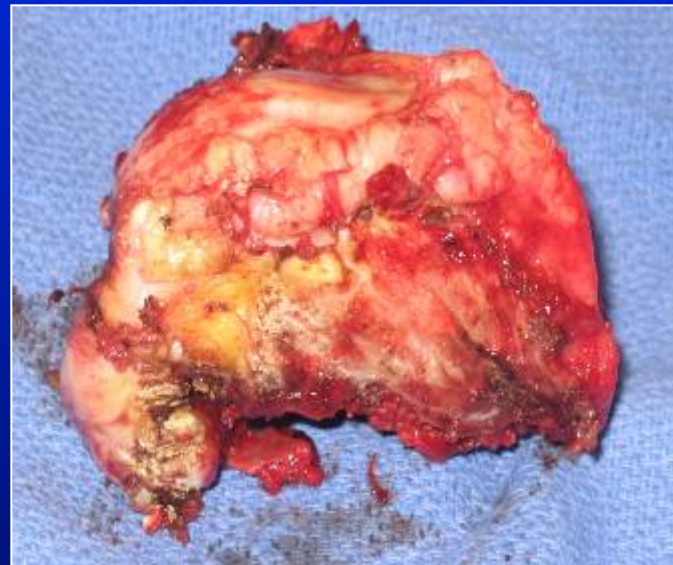
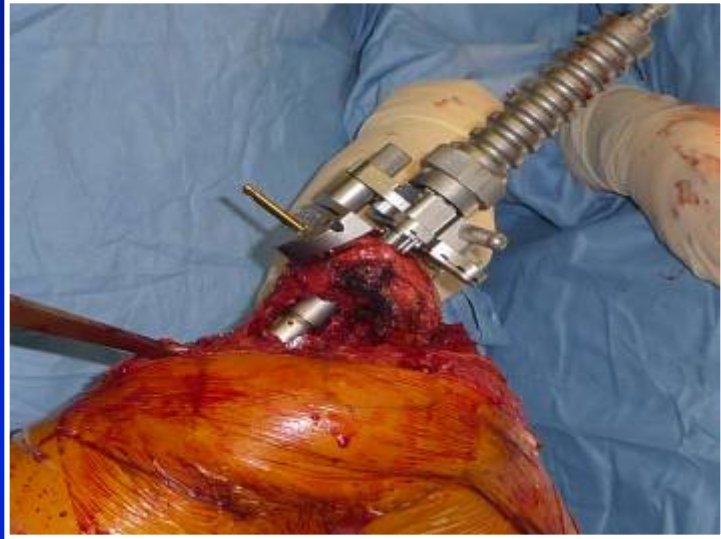
Courtesy of
P Bonevialle



2. Bone cut

5. Coupes osseuses

Bone preservation

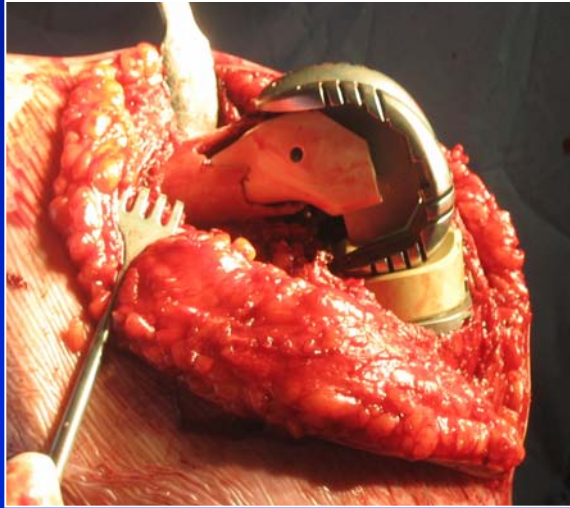


2. Sizing

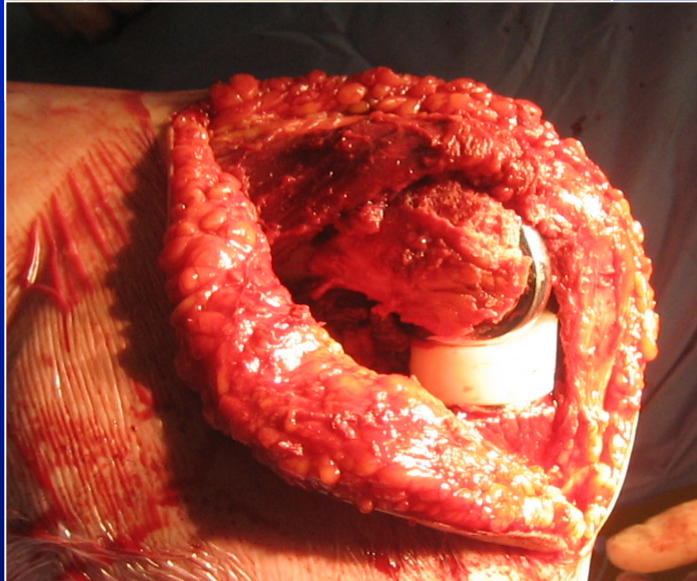
Like for a bipolar hip
On the table



7. Bone loss management



TM Cones

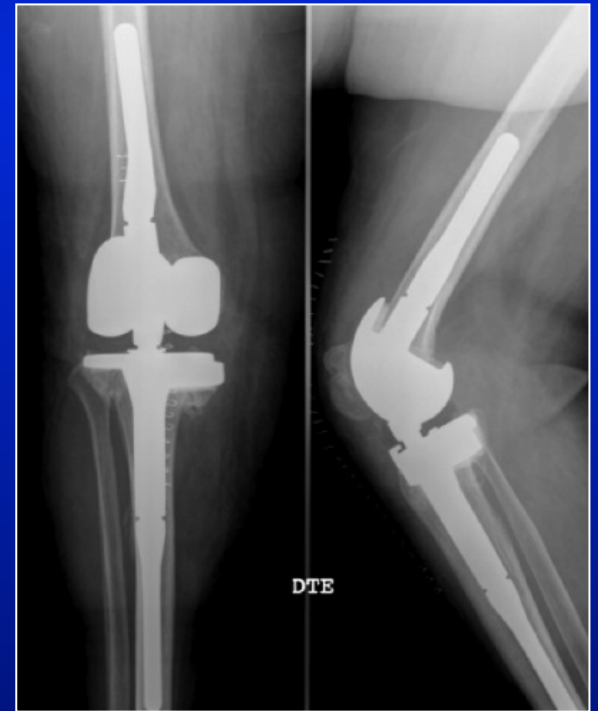
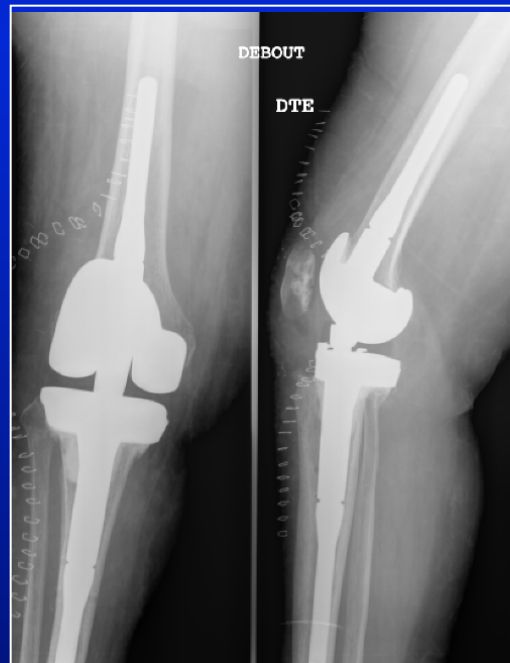


Augments
Autograft
Both



7. Bone loss management tibia

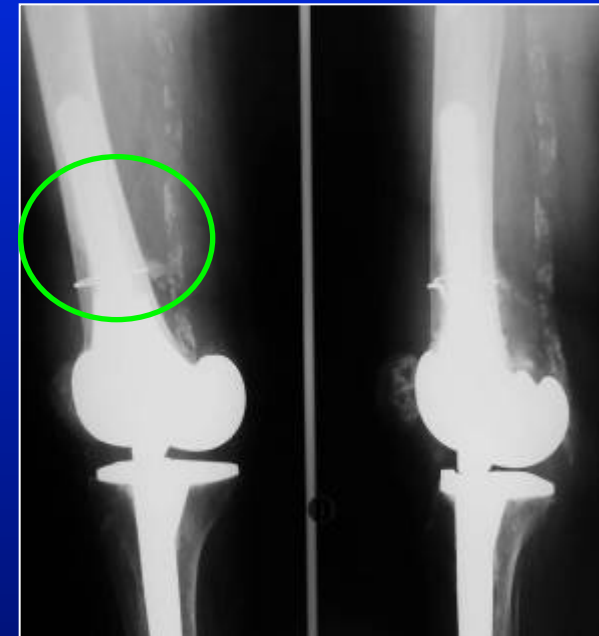
Augments
Autograft
Both



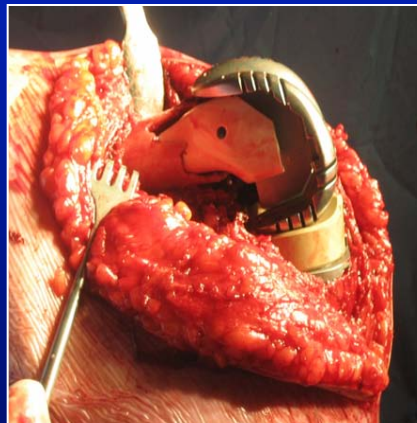
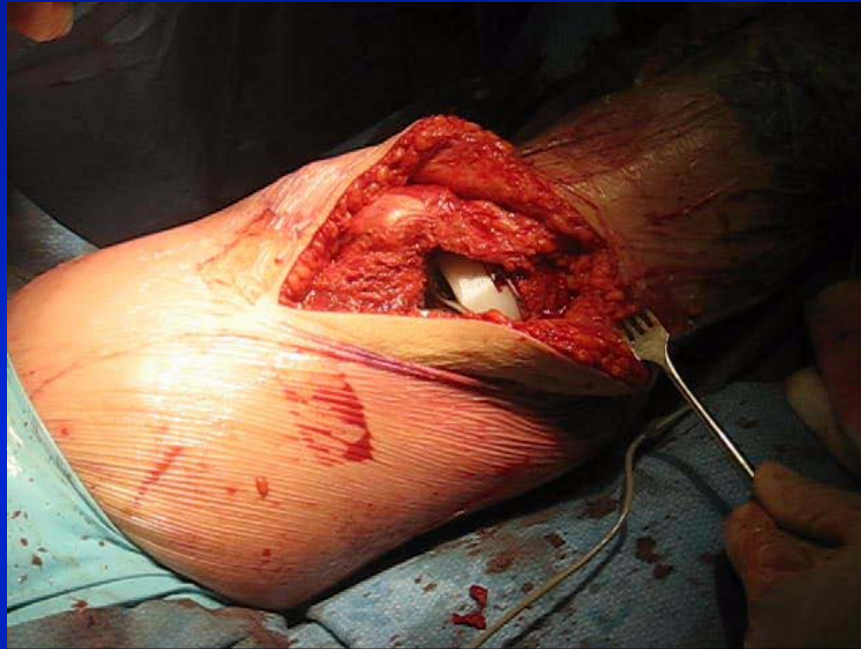
8. Complementary fixation



Simple lucky wire
Limited stability



Stability Patellar tracking => Immediate weight-bearing



Results

Orthopaedics & Traumatology: Surgery & Research (2011) xxx, xxx–xxx



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 ScienceDirect
www.sciencedirect.com

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www.em-consulte.com/en



ORIGINAL ARTICLE

Primary total knee arthroplasty in the management of epiphyseal fracture around the knee[☆]

S. Parratte^{a,*}, P. Bonneville^b, G. Pietu^c, D. Saragaglia^d,
B. Cherrier^e, J.M. Lafosse^f



Series n= 26 (1)

Centers

- Grenoble (D. Saragaglia) : 7
- Montauban (S. Soquet) : 1
- Nantes (G. Pietu) : 4
- Nimes (D. Bertin) : 1
- Marseille (S. Parratte) : 5
- Paris (B. Cherrier) : 3
- Toulouse Purpan (P. Bonneville) : 4
- Toulouse Rangueil (J M Laffosse) : 1



Series

- Women :21 Men : 5
- Mean Age **80.5 years (74-98)**
- Mean Parker score : 7,7 (14 patients à 9)
- Mean ASA score : 2,2 (3 patients à 1)
- Way of Life :
 - Alone at home : 16
 - Required help : 4
 - Elferly facility : 4



Results

Complications

General:

– death 1

– TVP (1 PE) 3

– Stroke 1

Local :

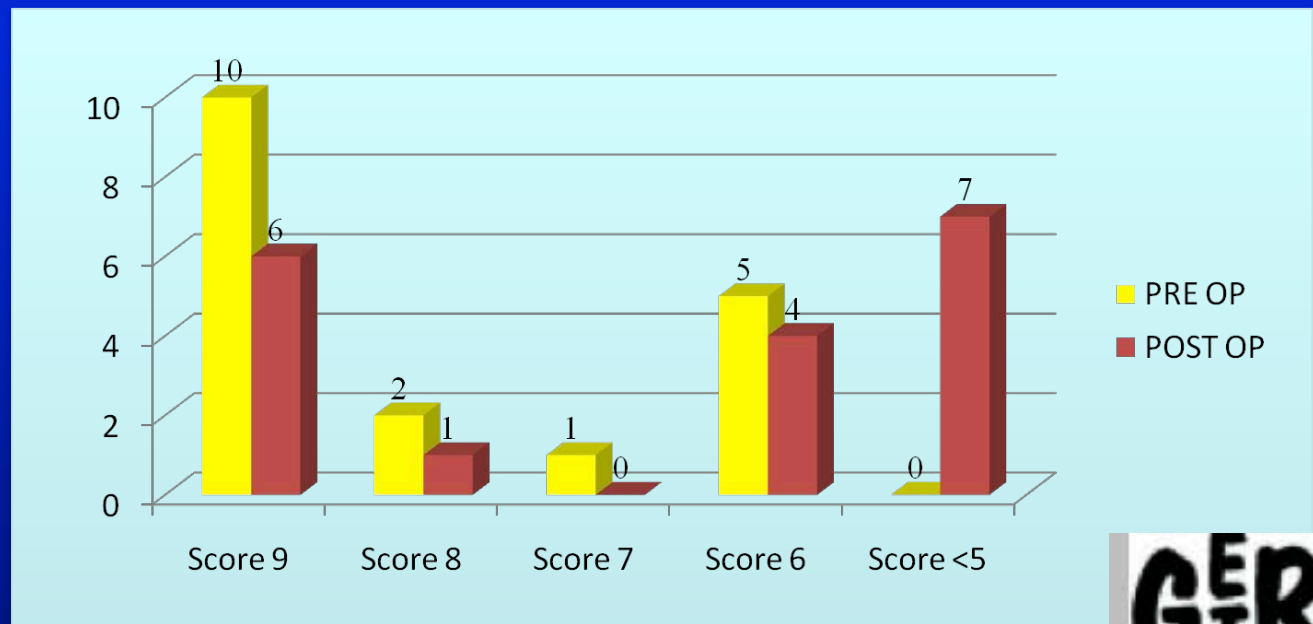
Cutaneous PB 1

ATT avulsion 1



Results

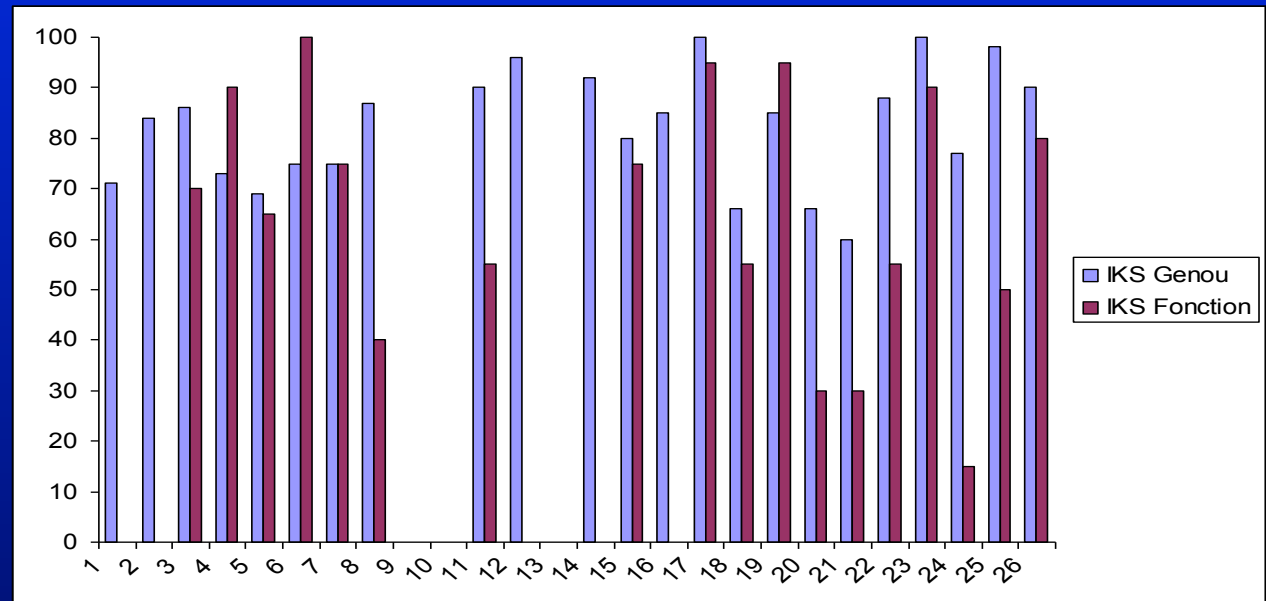
- Parker Score (n=23) :
 - Final m = 6,3
 - Lost m = 1,7



GERAM

Results

- Active mobility(n=16)
 - Flexion $m=99^{\circ}$ (75-140°)
 - Extension $m= -2,7^{\circ}$



Results of the literature

- G. Wolfgang Clin. Orthop 1982, 171, 80 n=1 distal femur
- K. Bell J.B.J.S Br 1992, 74, 400 13 DF
- K. Rolston J.B.J.S Am 1995, 77, 924 4 DF
- N. Yoshino J. Arthroplasty 2001, 16, 741 3 DF
- T. Nau J. Arthroplasty 2003, 18, 968 3 DF /3 PT

- A. Rosen Clin Orthop 2004, 425, 101 24 DF
- G. Nourissat Rev Chir Orthop 2006, 92, 242 4 PT

Discussion

It's working if elderly patient

- Parker >5
- No major obesity
- No dementia

=> Patient participation

Discussion

Sometimes not possible

- Women 79-years old



No stem



Change of the modulus of elasticity !

Discussion

Sometimes not possible

- Women 88 years-old



Conclusion

- Interesting solution
- Not easy=> be prepared
- Patient participation
- Keep as much bone as possible