

## Imaging Chondral defect

**5<sup>th</sup> Advanced Course on Knee Surgery**

February 2nd – 7th 2014  
Val d'Isère

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Med Sci Sports Exerc. 2010 Oct;42(10):1795-801. doi: 10.1249/MSS.0b013e3181d9ee0.

### Prevalence of chondral defects in athletes' knees: a systematic review

Flanigan DC, Harris JD, Trinh TO, Siston RA, Brophy RH.  
Source  
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- **Patellofemoral defects (37%)**
- **femoral condyle (35%)**
- **tibial plateau defects (25%).**
- **medial condyle defects 68% vs lateral 32%**
- **patella defects 64% vs trochlea 36%.**
- **Meniscal tear (47%)**
- **anterior cruciate ligament tear (30%)**
- **medial collateral ligament or lateral collateral ligament**

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